

Spiritual Communion Prayers

I wish, my Lord, to receive you
with the purity, humility and devotion
with which your most holy Mother received you,
with the spirit and fervor of the saints.

Amen.



My Jesus, I believe that Thou art present
in the Blessed Sacrament.
I love Thee above all things and
I desire Thee in my soul.
Since I cannot now receive Thee sacramentally,
come at least spiritually into my heart,
as though Thou wert already there.
I embrace Thee and unite myself wholly to Thee;
permit not that I should ever be
separated from Thee.

Amen.